

SERMON OUTLINE

Speaker: Rev Dr Danny Goh

Text : Ecclesiastes 12: 1 - 7; 2 Corinthians 4: 16 - 17

Title : Ageing Gracefully, Living Fruitfully

Introduction

- The chilly winter of ageing (the sky goes dark, slowly)

A. The Travails of Ageing

1. Physical deterioration and deformity
2. Forgetfulness and mental acuity
3. Social isolation and psychological dysfunctions

B. How to Make the Best of the Rest

1. Invest in inner beauty
2. Cultivate an eternal perspective
3. Become wise and leave a legacy
4. Remember the past and write your story
5. Press on to higher ground

Conclusion

- Rest, and “the best is yet to be”